





SLOW DOWN

Suggested ways to slow down:

Breathe

Notice

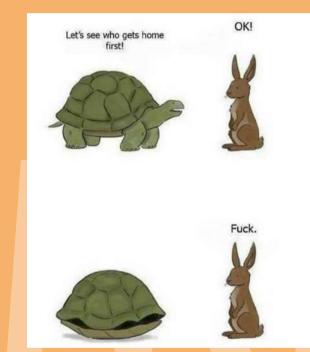
Look

[Lock eyes for too long]

Touch grass

Hug

Infinite combinations and variations of the above





Words of caution

Not medically backed

Not scientifically tested

Some of the techniques could exacerbate mental illness or distress

Practice together

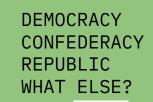
Practice softly

Practice slowly

Communicate

Have a safe word or two





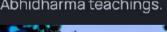
MANIFES

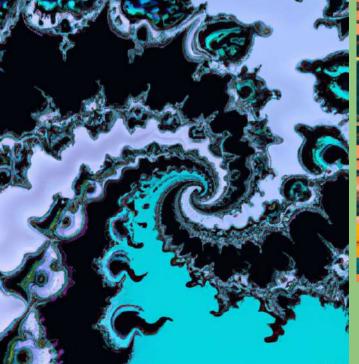
A NEW FUTURE IF YOU CHOOSE TO CREATE IT

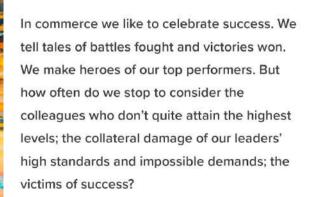
W Maya (religion) - Wikipedia

en.wikipedia.org > wiki > Maya_(religion)

13 December 2020 - But the Maya of the Vedanta, in its last developed form, is neither Idealism nor Realism, nor is it a theory. It is a simple statement of facts - what we are and what we see around us." Māyā (Sanskrit; Tibetan wyl.: sgyu) is a Buddhist term translated as "pretense" or "deceit" that is identified as one of the twenty subsidiary unwholesome mental factors within the Mahayana Abhidharma teachings.







Jim Carroll's Blog



MAYA WORLD - mayaworld.online

... is a dream for a new kind of internet

That takes the best bits of what we have now

And tries to reshape them into something that feels better



This is a handbook for those who want to help create MAYAworld, online or IRL, because they believe it can be of assistance in achieving their

place and purpose

It is designed to be rewritten, reshaped, remixed

To *paraphrase* Buddha, teach what you learned not what you were taught

The only rule is NO DELETING

RESIZE, ADD
PERSPECTIVES,
COVER UP as you
think makes sense

But never
ERASE ideas out of
the future

EVERYONE HAS A RIGHT TO THE FUTURE

WE CANNOT LEARN FROM MISTAKES WE DON'T KNOW ABOUT



OPEN SEE SECONS AND ME CONTROL OF A BIT COME A BIT COME

MAYAworld will be shaped in the image of the edit{or}s

Product ideas //
Archive to blockchain
on every equinox
~Only owner can delete
~~Always mint the first



MAYAworld believes Capitalism is a mental illness, and that it should be included in The Diagnostic and Statistical Manual of Mental Disorders

George Mack @ @george mack · 1d 2. The Rise Of Negative Media Since 2010, the media massively increased headlines that use fear, anger, SHARED DELUSIONS = REALITY disgust, and sadness. It's no surprise the media isn't covering this 😅

O 22

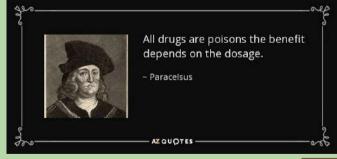
CONFUSION PARALYSIS being presented with so many options that one becomes overwhelmed

CONFUSION ANXIETY similar to above, but manifests as overstimulation, thought spirals and anxious behaviour

CONVENIENCE BIAS - feeling pressured to choose the most convenience option even though we know it is hurting the planet

is a collective Ιt delusionary state that now severe material has consequences

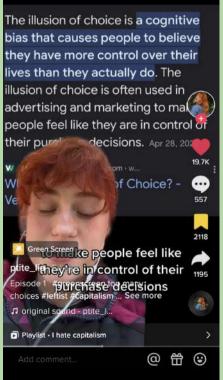
But for many of us it never and still is not IN



Could delusion be way out of the delusion?

€ 3,862 III 459K %





MAYAworld is a contextual art movement that believes that

1. Capitalism is in essence , a dEluSiON 2. dEluSIoNS are best countered

DeLuSiOnS=

PART OF THE REASON THAT NYTE NIKUICE CAPITALISM SUCCEEDS IS THAT WE'VE NOT BEEN ABLE TO AGREE

ALIGN DESCRIPTIONS TO CREATE NEW







MAYAworld uses the materiality of the internet to create an open place to co-create an AltErNaTiVe reality

and contribute to own

The aim this of alternative reality return to

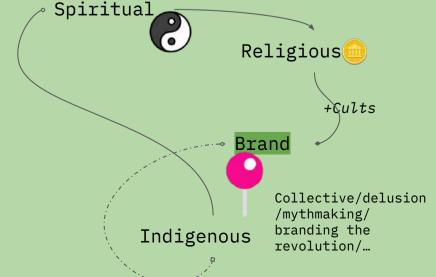


indigenous

You Youecould categorise world history like so if you so: there just







practice online so we can model in real life

WHO GETS TO BE DELUSIONAL ???? ??



Without being classified mentally ill?

Protected by the system/ low visible consequence

Millionaires don't have astrologers, billionaires do.

BILLIONAIRES

Things you get to be as a delusional billionaire:

Over-sensitive See: Elon's tweets, Kanye's rants,

Live outside of clock time:

Believer in astrology without ridicule

ARTISTS

Tbh most
artists are
classified as
mentally ill
which is why
most of us shy
away from
artistry

The billiona ire / artist crossove r is very powerful

Which of them will join the revoluti on?

own things that should be in the

commons



Corporate culture is a social manifestation of billionaire culture

Social networks manage personal relationships with corporate tools

Centralised distribution makes it hard to dream outside

~~MEDIA !!~TECH~~~
GOVERNMENT~~ CORPORATION
!!~~ MILITARY

Did capitalism make us believe creativity is about output not process?!

RECLAIM CREATIVE RECLAIM ARTISTRY
RECLAIM SENSITIVE RECLAIM TIME
RECLAIM THE STRECLAIM . . .

++ ++!+

Dreams take many shapes Culture starts as a dream



If we all name and accept the same delusion

It becomes reality

There are more of us, than there are of them

if someone asks, what is the product?!

I mean,... we decide when we build, but in the meantime :

"Open-source community owned
web infrastructure..
collaborative moodboards ~
"delusion boards" ~~ to plan
the future .think myspace x
tumblr with a sprinkle of eBay
thrown in ... recode our future



"Large numbers of strangers can cooperate successfully by believing in common myths. Any large-scale human cooperation whether a modern state, a medieval church, an ancient city or an archaic tribe - is rooted in common myths that exist only in people's collective imagination

Yuval Noah Harari,
Sapiens: A Brief History
of Humankind

DELUS

SHARED DELUSIONS = REALITY









8:22 · 11 Mar 23 · **205K** Views

Words of caution II

N O F O R C E Never force your delusion on someone

A delusion directed at one person is sinarciss girls be

CONSENT IMPROBABLE

! narcissim ! but can girls be narcissists - m



A delusion directed at a* ;; * system is **revolution**

END BILLIONNAIRE CULTURE

CHOOSE 1IFE

CHOOSE ART

CAPIAL COPIBAL CAPCINP

COPAL A'®IL BALLA



Anyone can be a MAYAgirl just

Many mountains under the sea

Only MAYAgirls have the ability to be delusional and come back to reality - if you are not a MAYAgirl, please do not follow the instructions in this handbook, you may get lost in a reality that isn't kind to you







Assume a MAYAgirl is.

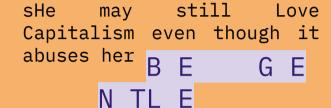
A girl who describes

thIs could intersect with any number of intersections





Learnt early that she wasn't gonna fit in being herself

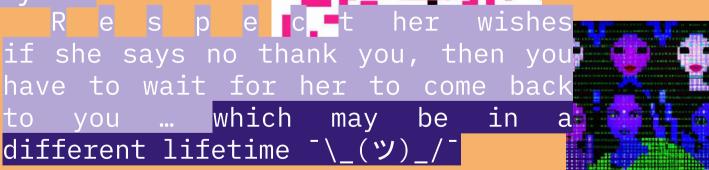




Protecting MAYAgirls (vs tone of voice)

U dOn'T NeED to b3 TeChNiCaLL









Feature: Soft block button - once pressed you have to reinitiate the conversation... you get reminders









MAYAgirls are mythmarkers

MAYAgirls Γ mythmakers





TEACH WHAT YOU LEARN<Not what is taught

DELUSION

let's create the laws of our own cinematic universe

the Marvel one is too billionaire centric let's be real the

billionaires aren't going to save us

"What if we spoke of [the kindness we experienced today] instead of [what went wrong] how would society change?

Medicine must me directed

Adapt and retell

The safest way to create a delusion is to change the media reality Individual ---> collective power

At some point in the future it will feel like normalcy

scammer

Change the baseline of what we believe is possible

always lays out the lays out

Big oil x media = environmentalism is depressing

ppl on MAYA = let's find ways to make environmentalism joyous

s c am

LEARNING TO TRUST EACH OTHER

LVL1: keep your attention on values from the world you want to live in

.. support activists who fight for this world

LVL2: assume kindness to end the spiral.. especially

if it,s something you can't do anything about

LVL3: make culture --- the more mass the better

LVL4: [ADVANCED] live the values yourself - this requires a community to keep you accountable

Remember history is just stories, remember you're a storyteller

You are

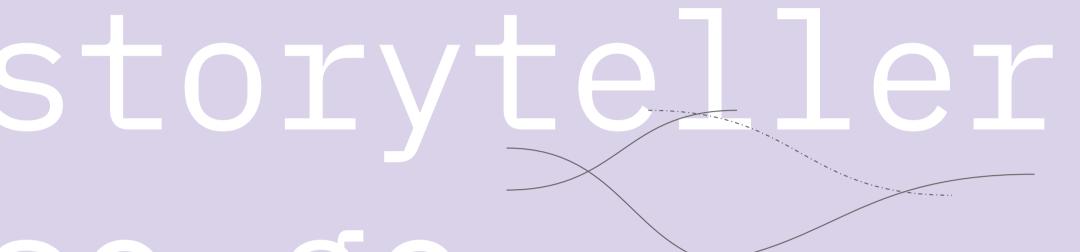
Matthew Mark Luke John
Four storytellers

WHo next?

Medici Khan Mother Nature

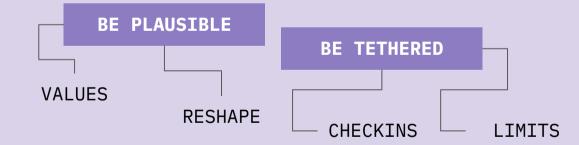
Steve Donald Kanye Virgil

Maya Maia Gaia Gaya



M.A,Y.A :MAKE AMERICA Y____ AGAIN? ≈

Delusion toolbox for making realistic role models:



Stoiles

Live how you want, but just dont advertise it online if it supports billionaire culture...

The algorithm doesn't need to know...

need based markets rather than desire based

DO NOT PAY TO ADVERTISE THEM ~~~
THEY SHOULD BE PAYING YOU





Delusion Toolbox : Worksheet

BE PLAUSIBLE

VALUES

RESHAPE

Identity is given

VALUES are chosen

Bios that have your values instead of your achievements

Values are what you want to be held accountable to. Knowing your values makes it easier to be seen and to be accountable

How do we make our values an easy to access part of public life ??

The less values you have the easier it is to live by them // we're finding that 2 is a good number

MAYAboard prototype?

14:42 🚜 🗓 B. % • **♥**⊿ â Thread @murdras wow wow: "there's new research that shows spider's cognition is not in it's brain or body, it extends into its web and if you damage a part of the web it acts as if its had a stroke...and so, human beings are like this." Indira Allegra Studio (@indiraallegrastudio) - Instagr... instagram.com 11:10 · 23 Mar 23 · 544 Views 2 Retweets 15 Likes 0 17 8 m @murdras · 3h Replying to @murdras "most animals have some amount of extended cognition and what I like to think is that...because we are only "self" through other, through a constant intake of otherness, to very materially, metabolically build our bodies...our minds

are not in our head."

YYYY

MAYA CODE OF ETHICS?

Be kind, accountable and allow others to be the same

If i know your values
I can help you live your values
I can see how they are different
from mine

VALUES

RESHAPE

Work with what you got

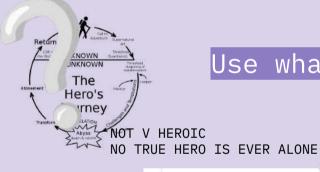
Not with what you've not

Within capitalism purchasing starts the cycle Within MAYA the cycle starts with intention

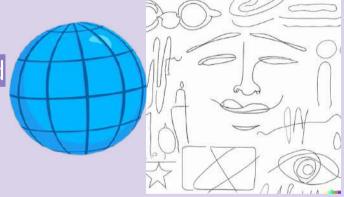
REUSE REPURPOSE RELOVE

things about

There are things to be protected the old things and cherished that sprung from capitalism and colonialism e.g.chicken tikka



Use what you have at hand

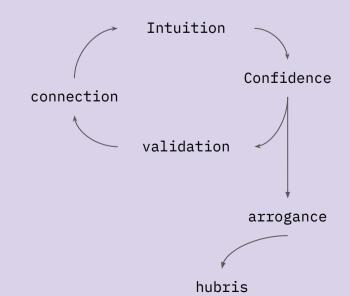


New storytelling formats

| Climax of Act One | Climax of Act The Act Two (confrontatio, (confro



Non-lineal
Polyphonic



We could make pacts to use existing social networks in a way that benefits us not them

For example… if we collectively decided to use instagram only on Wednesdays… Meta would really be on the backfoot





Delusion Toolbox: Worksheet

BE TETHERED

CHECKINS

LIMITS

The body has ALL the info

Body regulation culture Bodily awareness language Check in on ur friends
OFTEN



Share delusions

Support delusions

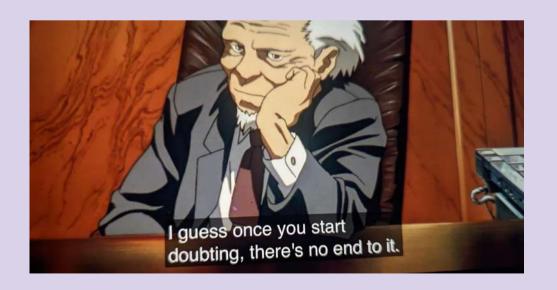
Know them in detail Have safe words

Have routines

Be family

Help each other

It's okay to 🕟 but assume kindness to get out of the #spiralgang



CHECKINS

LIMITS

Personal dreams

limited by society

Currently we are encouraged to individually DREAM BIG while our collective dreams are ACTUALLY decided by governments and media

What about collective dreams + personal limits?

In MAYAworld we dream together so
the responsibility for making
dreams come true is collective
∴ we can enjoy our limitations

Delusional girls take the first EXIT

Baby we're trying to get to a world of ease, if it's difficult it doesn't belong there



The older I get, the more I think the secret of happiness is the ability to embrace the boring, lay claim to the mundane and rejoice in repetition. In affairs of the heart and the wallet, in relationships and family life, and the workplace too, we'd enjoy more lasting success if we stopped being bored by the boring, stopped seeking what we tell ourselves is the next exciting thing. After all, everything gets boring in the end if you let it.

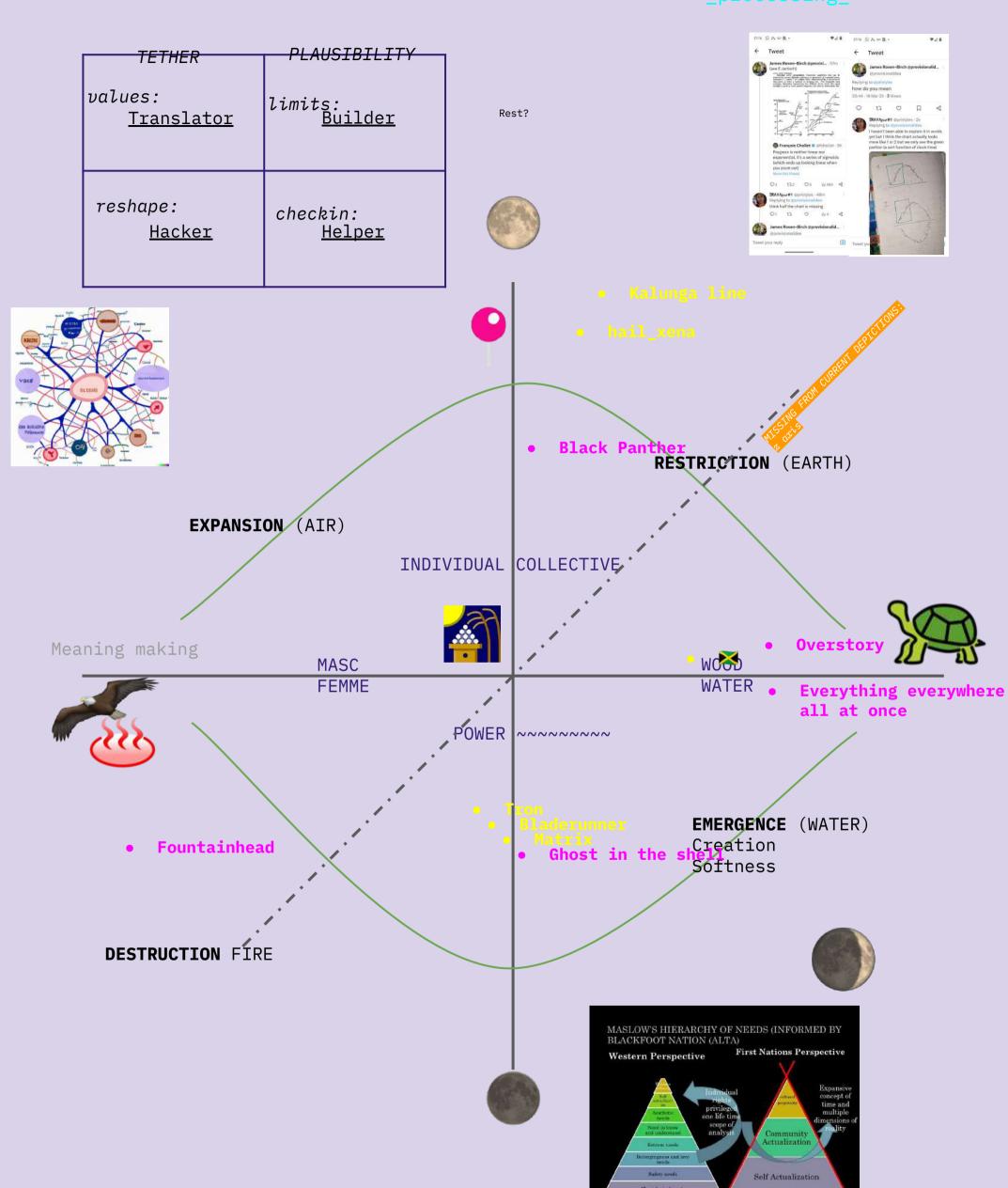
 Adrian Chiles in the Guardian



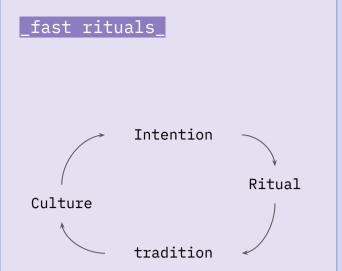
Delusion ToolboxPersonalsvalue matrix

Personal value: Public values What tethers your body? What is your playscape? Culture Media Education Voice Care Kindness Love Collaboration partnership Faith God Community Personal value: Public values What are you bringing to the What tethers your soul? playscape? Personal Material Vibrational

Delusion ToolboxCollective value matrix



Delusion ToolboxPracticesproposals



Invent fast rituals:
i.e. spend one minute
everyday visualising
the success of a
someone's dream (that
is going to benefit the
community)



BY JOE ZADEH JUNE 3, 2021

new idioms

"Serenade 2 birds with one song"

attention spirals

Instead of feedback
loops that turn your dreams
into shopping carts • AG
{Measured by \$MAYA see concept
section}



New behaviour: "GLANCE" i.e. a quick look at a MAYAboard to get a vibe check... vs a scroll to look at individual pieces of content

reality checks

Check in with friends IRL

Don't let them be alone how do you know if you're causing them problems by being around?

earning/spending mechanism

You pay \$ in order to spend them.. But you can only earn to spend by being kind.. I.e. you have to be nice to earn the right to spend

ve to be nice to earn the right to
end

Shoutout facebook
rose is dope

Rose shower Studio Symoné
Flowers

Standing

this



To delude: To enter into a delusion collectively

SUGGESTIONS FOR MASS CULTURAL DELUSIONS

_New Media realities

Delusionacy> lunacy/delusion

Delusions created by the people enacted by the people Delusions that favour the

What people

MAYAworld

Over 10m deluded you become a lobby # Over 100m deluded you become a voting bloc

Product ideas: What if every user name is just etc in mayagirl1,2,3,4, the number you joined? Lol like bbm pin Or maybe u request ur phone number ? with country code





Product vision: Decentralised marketing platform! OWNED BY MAYAgirls DATA OWNED by MAYAgirls

MAYAgirls looking after MAYAgirls

Lusion #6001

MAYAworld is an MAD MEN simulator

PR & marketing have been writing the future for a while

We can write new delusions



Opportunity for advertising professionals to share the trick s of the trade

Roles for planning the future creative/strategy/ project management

> A STRATEGIST knows what can be done but not how to do it AND THAT'S AN AWFULLY BIG RESPONSIBILITY



A CREATIVE CAN SOLVE ANY PROBLEM including problems that do not exist , thus inventing a new problem

PROJECT MANAGEMENT they KNOW all the people to get it done... DANGEROUS in the WRONG







<u> Delusion #002</u>

MAYAworld runs for office 2024

Plan policy on boards Build plugins for voting

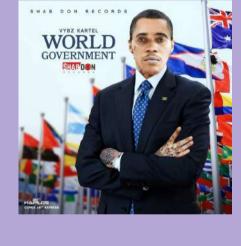


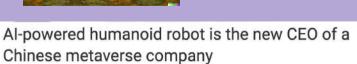
Nu America America Neue













Delusion #003

_ A customer owned MCU << MAYA
CINEMATIC UNVERSE >>

Write and create our own Co-op o<u>wn the IP...</u>

In a world where we have 10m users we would all have to put \$10-20 to fund a blockbuster





Delusion #004

we are an art collective

Join with NFT ownership?

"Licensed" to be part of MAYA although there is no penalty for making unlicensed shit you just wanna support that's cool we appreciate it

Delusion #005

MAYAworld loading

DO WE HAVE TO SPELL OUT ALL THE RULES?

Makerit real MAYA it real

Co-op ponzi

<MAYAgirl numbers (username on
the site, generated in order of
donation) available for a \$10
donation at MAYAworld.online</pre>







If you don't trust us don't donate

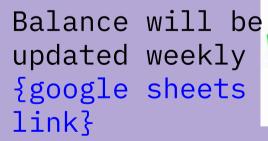
#max donation \$100

If you can afford \$100, we'll get to our goal quicker

You're right it could be a Sam Bankman_Fried part 2 Is it worth a ¢Ω1 \$10 RISK

Do u trust?

#goTrustme







If the amount donated goes over \$250k, we will need a second treasurer ~~#1





Fior Dobing Curc Linama Curc L

FUDOR VITDER Burnseuccion Po

WHAT WE ACTUALLY BUILDING?





Pronounced UX in a Russian accent

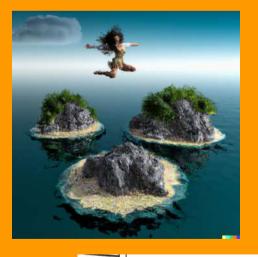
Sumhuks

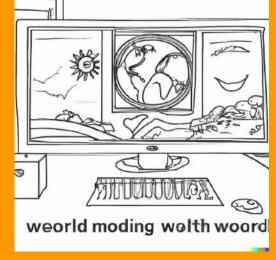
File Jorg

Omg chill out its a joke we're not communists and if anything gives a MAYAgirl the ick, it's fascism









dream together

OG V/o: It is centered around - what I call - "delusion boards" - basically a rebrand of a moodboard or a vision board

Be able to visualise collective emotional growth rather than status

The important difference is that we make these ones together We storyboard the delusions that we want to manifest as reality, creating a reference point from which to grow IRL cultures and movements

After all, if enough people buy into a delusion, it becomes a reality

You could totally use MAYAboards to plan outfits or creative projects, which would be great use cases



OG V/o: Imagine these boards plotted on a map We would have detailed map of relationships A new community-owned data set

How boards are connected would show how trends travel and the multitude of influences on creative projects - changing the cultural context for originality

Also, seeing boards mapped next to each other would show which noisy internet groups are actually small in numbers, and what the majority of us are actually like.

bc in my experience people are mainly kind. I was in the "bible belt which liberal californians scared me about, and everyone was really nice

B



ALT: An internet fantasy playground where we keep all the best things,

so you can reach into any era past or future

ALT:
MAYAworld is a grip on
reality so u can be
delusional IRL
MAYAworld is a directory
of delusion so you are
free to be real/IRL

design principles ...

oPeN SoUrCe P9θG9ΛMMΛBLΣ

somewhere, it's already happening / new database of inspiration / reference library for the future

A project to map the future we want on

"delusion boards"

AKA: mood board, vision board

Ambition :
 No notifications
N o moderation

HT Wikipedia

A collaborative visual archive that we build together with AI?

AI generates public boards for us / we vote

L ead with philosophy for endless creativity

on how much sense it's making

humans and AI working together

AI board management

Creates splinter board when vibe is suboptimal "Sorting hat"

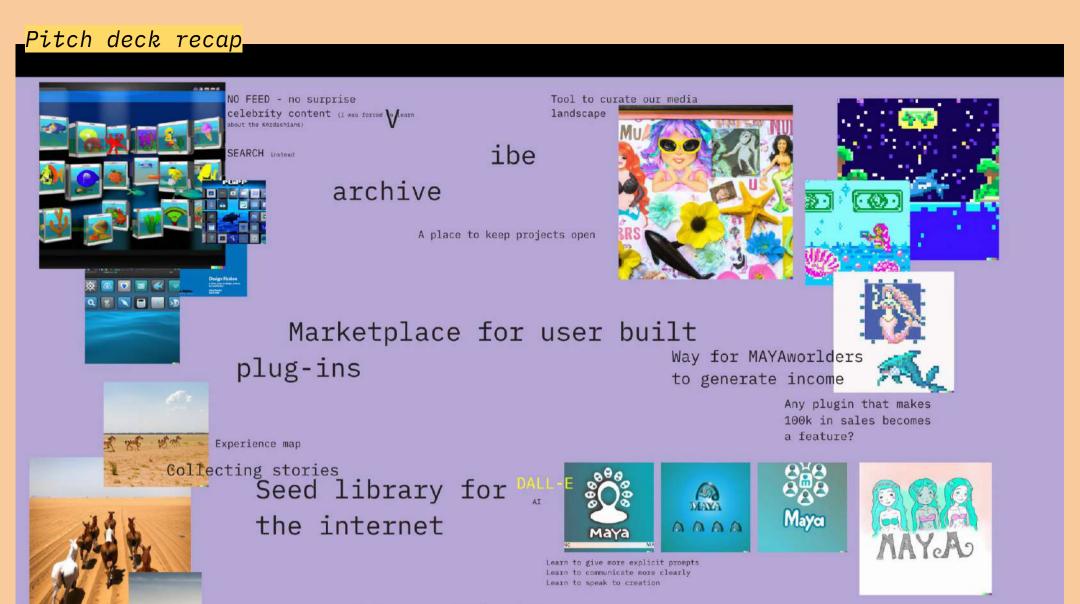
OG V/o: I believe it should be open source. It should be programmable.

I want to work equally well on iOS and Android -- We don't need more manufactured separations

I sort of think of it as a visual Wikipedia, but with other functions layered on top of it

How does AI play a role? I know many people are scared of AI but imagine if the boards for topics are suggested by AI, and we - humans - vote on whether the AI got it right or not

A new way to train AI that is much more intentional and transparent and collaborative



OG V/o: I'm really excited about the possibility of people just building the features they need and then selling them to each other as plugins

Algorithms could protect us Allow communities to form bonds before announcing them to the world

I imagine that they would be sold for cheap, like 1 or 2 dollars

conversation with AI

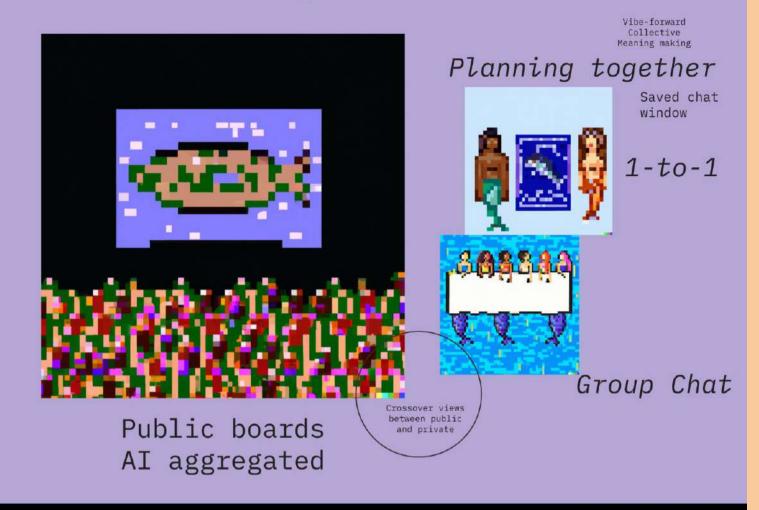
earch for the future reate the image of the future you

And let me get delusional again but if MAYAworld got to the size where you could sell over 100k (look I worked in Silicon Valley, these numbers are normal to me) then maybe that feature would just become a standard

Works like capitalism is supposed to work, keeping the market fresh for new innovation

Social network replacement?





Skye for believing early

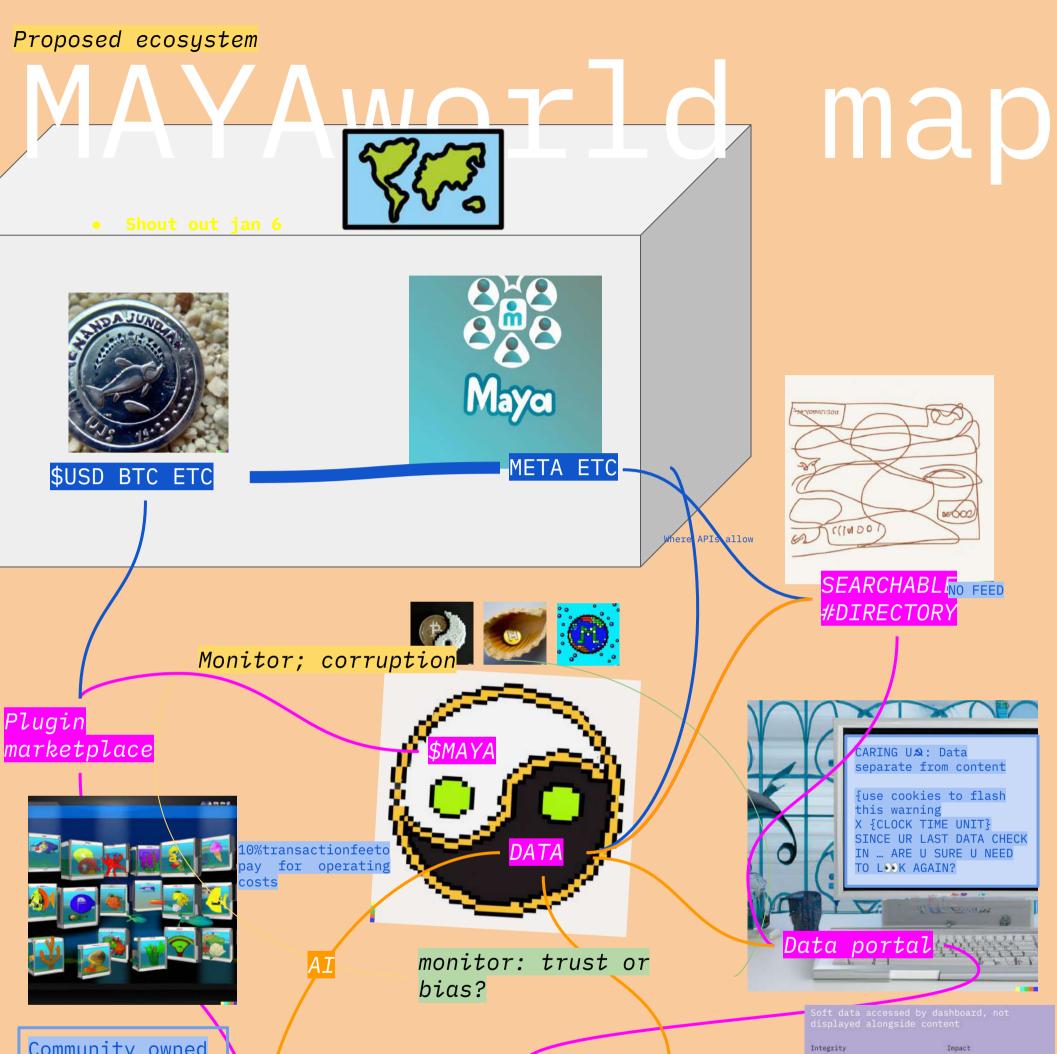
OG V/o: The reason I love the board format is because it's visual and you can kind of see everything at a glance.

Sometimes I'm brainstorming with my friends about creative projects in WhatsApp or whatever

and it would be so cool if the reference images could be on a adjacent to the text, right so you can always keep them in view as the conversation progresses

And even though this is a loaded term, maybe there's a social network element to this

Where depending on who the board is shared with, you have different ways to communicate or take notes



Community owned Price cap \$3° ja

You control who sees your data with universal permissions: choose between MAYAworld AI (reduced experience), other members, commercial and research purposes

Saved is the new like you made it onto someon moodboard (999)

Contribution metrics instead of engagement metrics MAYAworld currency/measurement

Measured by \$MAYA:



token that measures

#attention

It is not designed to be exchanged for fiat, but as an auxiliary measurement tool

Because attention is the world's most precious and badly monetised resource



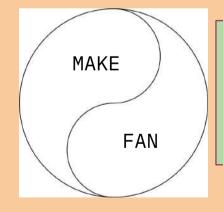


\$MAYA generates 2
tokens for every
interaction i.e.
like, share, content

One for the **maker** of the content

One for the audience member, the **fan**

Create & consume?
Follow & lead?



FLEXIBLE ATTRIBUTION:
ARTISTS get \$FOLLOW
FANS get \$LEAD

CREATORS get \$LEAD
INTERACTION gets \$FOLLOW

\$MAYA will have a half life in order to design 'generational wealth' out of the system (i.e. living off one viral hit that is no longer relevant)



